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CP-02 Health and Safety Policy		
Approved by: CEO and President US Flag SBU, Sam Norton	Authorized by: Director HSQE / DPA John Doran	

The Company is committed to a zero incident workplace and for providing healthy and safe working conditions through the implementation of policies and procedures that at a minimum comply with national and international regulations and relevant standards and guidelines.

The Company has established a Management System which:

- Promotes safe practices in ship operations;
- Maintains a safe and healthy working environment;
- Prevents damage to the vessel, cargo and the environment;
- Establishes safeguards against identified risks for operating vessels within as low as reasonably practicable a level of risk;
- Prevents loss of human life and personal injury;
- Ensures that the work environment on board ships promotes occupational health and safety;
- Continuously improves safety skills of personnel ashore and onboard ships;
- Plans for emergencies.

The Company's operating practices are to:

- Maintain a management structure committed to and accountable for the prevention of work related injuries and incidents through appropriate planning and promotion of high safety standards;
- Consistently exceed all national, international rules and regulations governing the marine industry;
- Take into account applicable guidelines, standards, publications, notices and bulletins, issued by maritime organizations, regarding a safe, healthy and pollution-free working environment;
- Continuously monitor all occupational health and safety aspects of the fleet as part of an overall commitment to excellence in providing an injury free work environment;
- Implement a Shipboard Occupational Health and Safety Program;
- Frequently inspect the fleet;
- Ensure effective communications between ship and shore;
- Employ personnel with the required skills and experience supported by appropriate training and development;
- Provide a safe and healthy working environment;
- Provide adequate resources to effectively implement the Management System;
- Encourage the commitment of all employees towards high standards of health, safety and pollution prevention;
- Provide necessary resources to implement the occupational health and safety program;
- Protect the health of seafarers and provide prompt access to Medical Care on board and ashore when needed;
- The Company recognizes that no task is so important for an employee to put himself at risk of injury or illness in order to get it done;
- All Company employees, shore based and seafarers are required to comply with the applicable standards and with the ship's occupational health and safety policy and program.

In order to ensure that this Policy remains relevant and effective, the Company's Managers and Masters are responsible for implementation and review. Prime responsibility lies with the Designated Person.

The DPA has ultimate responsibility for all Health, Safety and Pollution Prevention matters.

Sam Norton
CEO and President US Flag SBU